



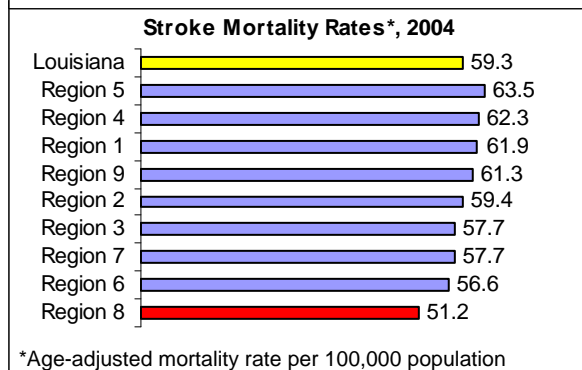
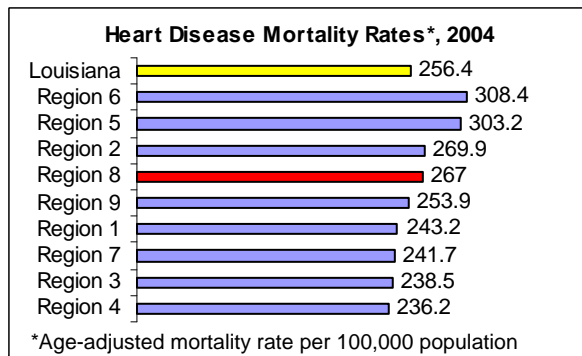
Heart Disease and Stroke in DHH Region 8 (Caldwell, E & W Carroll, Franklin, Jackson, Lincoln, Madison, Morehouse, Ouachita, Richland, Tensas, Union)

Heart disease and stroke in Louisiana:

- Heart disease and stroke are the 1st and 3rd killers of all Louisianians, respectively.
- In 2004, 10,782 people died of heart disease and 2,481 people died of stroke.
- Louisiana has the 7th highest mortality rate for heart disease and the 9th highest mortality rate for stroke in the nation.

Heart disease and stroke in DHH Region 8:

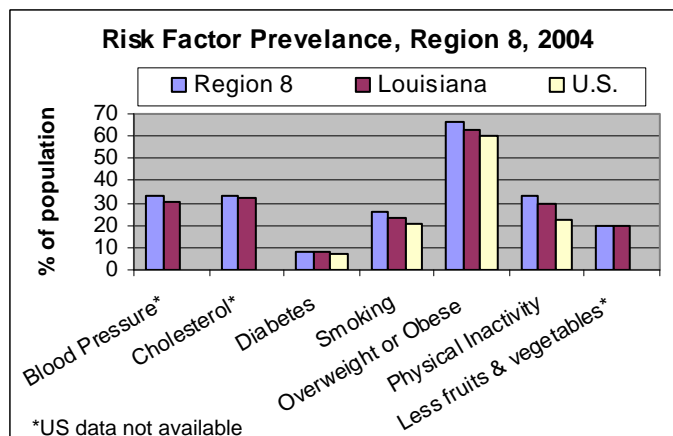
- In 2004, 27% (963) of deaths in Region 8 were caused by heart disease and 5% (172) were due to stroke, making these the 1st and 4th causes of death, respectively.
- Region 8 had the 4th highest mortality rate for heart disease and the lowest rate for stroke in Louisiana in 2004.



Risk Factors (2004)

In Region 8:

- 33.2% had high blood pressure [95% CI: 29.6-36.7]
- 32.8% had high cholesterol [95% CI: 28.8-36.7]
- 7.9% had diabetes [95% CI: 6.1-9.7]
- 25.6% were smokers [95% CI: 22.2-29.0]
- 66.5% were either overweight or obese [95% CI: 59.0-73.8]
- 33.5% did not get enough physical exercise [95% CI: 30.0-37.1]
- 19.8% did not eat more fruits and vegetables to lower risk of heart disease or stroke [95% CI: 16.7-22.8]



Data Sources:

Louisiana State Center for Health Statistics, Department of Health and Hospitals, Office of Public Health, 2004 *Vital Statistics Data Tables, Table 26-A.*

Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2004. CDC WONDER On-line Database, compiled from Compressed Mortality File 1999-2004 Series 20 No. 2J, 2007.

Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2004.