



Heart Disease and Stroke in DHH Region 4

(Parishes: Acadia, Evangeline, Iberia, Lafayette, St. Landry, St. Martin, Vermillion)

Heart disease and stroke in Louisiana:

- Heart disease and stroke are the 1st and 3rd killers of all Louisianians, respectively.
- In 2004, 10,782 people died of heart disease and 2,481 people died of stroke.
- Louisiana has the 7th highest mortality rate for heart disease and the 9th highest mortality rate for stroke in the nation.

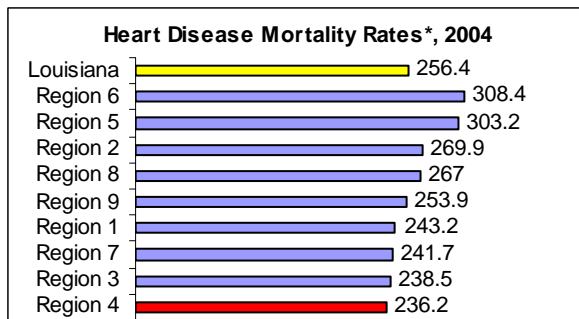
Heart disease and stroke in DHH Region 4:

- In 2004, 25% (1,209) of the deaths in Region 4 were caused by heart disease and 6% (314) were due to stroke, making these the 1st and 3rd causes of death, respectively.
- Region 4 had the lowest mortality rate for heart disease, but the 2nd highest rate for stroke in Louisiana in 2004.

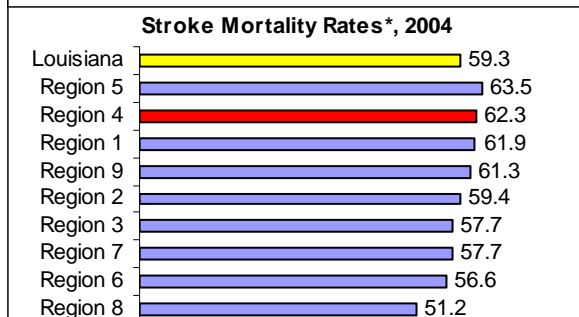
Risk Factors (2004)

In Region 4:

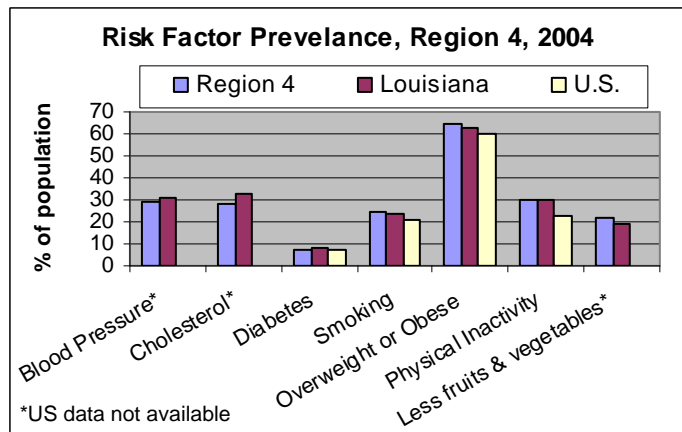
- 28.7% had high blood pressure [95% CI: 25.4-32.0]
- 28.1% had high cholesterol [95% CI: 24.3-32.0]
- 7.4% had diabetes [95% CI: 5.6-9.2]
- 24.7% were smokers [95% CI: 21.6-27.8]
- 64.7% were either overweight or obese [95% CI: 57.8-71.8]
- 29.7% did not get enough physical exercise [95% CI: 26.5-32.9]
- 22% did not eat more fruits and vegetables to lower risk of heart disease or stroke [95% CI: 18.7-25.3]



*Age-adjusted mortality rate per 100,000 population



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HEART DISEASE & STROKE
Prevention Program
www.laheart.dhh.louisiana.gov

Data Sources:

Louisiana State Center for Health Statistics, Department of Health and Hospitals, Office of Public Health, 2004 *Vital Statistics Data Tables, Table 26-A.*

Centers for Disease Control and Prevention, National Center for Health Statistics. Compressed Mortality File 1999-2004. CDC WONDER On-line Database, compiled from Compressed Mortality File 1999-2004 Series 20 No. 2J, 2007.

Centers for Disease Control and Prevention (CDC). Behavioral Risk Factor Surveillance System Survey Data. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, 2004.