

# Louisiana Asthma Friendly Schools

*The Asthma Friendly Schools Checklist is a tool for Louisiana schools to use to improve the quality of life, health outcomes and well-being for school-age children with asthma.*

<input type="checkbox"/>	<i>Are school buildings, grounds and vehicles 100% smoke free?</i>	Louisiana Smoke-Free Air Act 815 requires that schools in Louisiana with grades pre-K through 12 <sup>th</sup> must prohibit smoking on all school property. LAMP recommends and supports 100% Tobacco-Free Schools.
<input type="checkbox"/>	<i>Are Students allowed to carry and self-administer asthma medications?</i>	Louisiana Act 145 is a law that allows students in public schools to carry asthma and anaphylaxis medications in school and anytime under the care of the school that the student attends.
<input type="checkbox"/>	<i>Does your school have a plan for teachers to handle asthma episodes?</i>	The Louisiana School Asthma Management Plan can be adopted by your school district for teachers to follow in the event of an emergency and absence of the school nurse.
<input type="checkbox"/>	<i>Do ALL students with asthma have an Asthma Action Plan on file?</i>	The Louisiana Asthma Management and Prevention Program Asthma Action Plan can be utilized by the health care provider, caregiver and school staff to help manage the student's asthma.
<input type="checkbox"/>	<i>Is there a school nurse or unlicensed school personnel present during all school hours?</i>	The school has a nurse and/or identified unlicensed school personnel assess, monitor and administer medications to students with asthma at your school. The nurse is readily available to provide guidance on issues with asthma.
<input type="checkbox"/>	<i>Does the school nurse or other asthma expert provide education to personnel, caregivers and students?</i>	The school nurse and/or identified asthma expert provides education to school personnel, caregivers, and students with asthma around asthma symptoms, triggers, treatments, asthma action plans and asthma medications.
<input type="checkbox"/>	<i>Does the school work to increase physical activity for students with asthma?</i>	Students are encouraged and allowed to fully and safely join in physical education, team sports and other extracurricular activities while having asthma medications nearby before and after activities.
<input type="checkbox"/>	<i>Does the school have good indoor air quality?</i>	The school has adopted and implemented the Louisiana's Top Ten No or Low Cost Tools for Schools Indoor Air Quality Interventions.

If the answer to any question is "no," then it may be harder for students to have good control of their asthma. Uncontrolled asthma can hinder a student's attendance, participation and progress in school. School staff, health care providers, and families should work together to make schools more asthma-friendly to promote student health and education.

**Adopted from the National Heart, Lung and Blood Institute National Asthma Education and Prevention Program**

