

Well Child Check-ups: Understanding the Benefits of EPSDT



What does EPSDT stand for?

Early and Periodic Screening, Diagnosis, and Treatment

EPSDT is a program to help children and teens get their regular check-ups. Children need well child check-ups regularly, even if they are not sick, so health problems can be found early.

Who should get care?

All members under the age of 21 years can receive well child visits at no cost. These check-ups help promote physical and mental health through different tests, immunizations (shots) and screenings. Your child can have well child and sick child care through the same primary care provider (PCP).

What kinds of care are included?

- A complete physical exam
- Vision screening
- Hearing screening
- Growth, development and mental health assessment
- Immunizations (shots), as needed
- Dental screening
- Laboratory tests, including blood lead levels
- Health and safety education
- Blood pressure screening
- Referral services as needed

What if I don't have a ride to my health care provider?

Call Customer Service at 1.888.784.2693 to find out about transportation services for your health care visits.

When should my child have a well child check-up?

The recommended schedule is:

- | | |
|--------------|--------------------|
| ■ Newborn | ■ 12 months |
| ■ By 1 month | ■ 15 months |
| ■ 2 months | ■ 18 months |
| ■ 4 months | ■ 24 months |
| ■ 6 months | ■ 3-20 years – |
| ■ 9 months | check-ups annually |

Special Exams

Young female members should have their first well woman check-up at twelve (12) years of age.

Young children should see a dentist before their first birthday.

