

It's time to choose a Health Plan for you and your family.



What is Healthy Louisiana?

Healthy Louisiana is the way most of Louisiana's Medicaid and LaCHIP recipients receive health care services. In Healthy Louisiana, you choose a Health Plan that is best for you and your family.

All Plans provide the same health services you get in Medicaid or LaCHIP, such as well child visits, maternity care while pregnant and through delivery, medical transportation, prescription drugs, mental health services and substance use treatment. The Plans also offer extra services. A summary of those extra services is in the chart below.

How can you choose a Health Plan?

Look at the chart below to compare the extra services each Health Plan offers. Here are some things to think about when you decide which Health Plan to choose.

- Which Health Plans do your current doctors take?
- Does one of the Health Plans have extra services you want or need?

Compare extra benefits. You can choose one plan for each family member or the same plan for more than one family member. This is a summary of extra benefits, for the most current and complete listing visit www.healthy.la.gov or call 1-855-229-6848 Monday – Friday 8AM – 5PM.

This chart summarizes extra benefits available to members who get physical health benefits through Healthy Louisiana.

	AETNA BETTER HEALTH® OF LOUISIANA	Amerigroup RealSolutions® in healthcare	AmeriHealth Caritas Louisiana	louisiana healthcare connections™	UnitedHealthcare® Community Plan
Website	www.aetnabetterhealth.com/louisiana	www.myamerigroup.com/LA	www.amerhealthcaritasla.com	www.LouisianaHealthConnect.com	www.UHCCommunityPlan.com
Member Services	1-855-242-0802 TTY 711 Available 24 hours a day, 7 days a week	1-800-600-4441 TTY 711 Available Monday-Friday 7a.m.-7 p.m.	1-888-756-0004 TTY 1-866-428-7588 Available 24 hours a day, 7 days a week	1-866-595-8133 TTY 1-877-285-4514 Available Monday-Friday 7a.m.-7 p.m.	1-866-675-1607 TTY 711 Available Monday-Friday 7a.m.-7 p.m.
	Member Services can help you: find a doctor, learn about benefits, access services, file a complaint about a provider or appeal a denied service. All Plans have a 24 hour Nurse Hotline to help you: figure out if you need to go to the Emergency Room or learn about health issues. All Health Plans allow unlimited visits to in-network doctors, as needed.				
Care Management Programs	All of the Health Plans have special programs to help members with chronic illness such as asthma, congestive heart failure, diabetes, hepatitis C, HIV, obesity and sickle cell anemia. If they do not have a program in place that fits your needs, they will work with you to create one. They also have programs for pregnant women with a high risk of problems during pregnancy and delivery.				
Circumcision	All Health Plans cover newborn male circumcision. Check with the individual Plan to find out more about their rules for getting this service.				
Help to Stop Smoking	All Health Plans cover coaching and medications (with a prescription) to help members stop smoking.*				
Adult Vision (21+)	Eye exam (No co-pay) \$80 toward glasses or contacts (once a year)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam (No co-pay) \$100 toward glasses or contacts (once a year)	Eye exam (No co-pay) Glasses covered in full* (once a year)	Eye exam every two years (No co-pay) \$100 toward glasses or \$105 toward contacts (once every two years)
Adult Dental (21+)	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year) \$500 total benefit per year*	Dental exams and cleanings (twice a year) Fillings and extractions X-rays (once a year) \$500 total benefit per year*	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*	Two visits each year for exams, cleanings, x-rays, fillings, extractions, crowns and more at Federally Qualified Health Centers.*	Dental exams, cleanings, fillings, extractions and x-rays with in-network providers, up to \$500 per year.*
Adult Pain Management		Members who have gone to the Emergency Room 4+ times for pain go into a case management program.	Members who have gone to the Emergency room 5+ times for pain are reviewed for a case management program.	Certified pain management coaches help address chronic pain for members in care management.	Members over 21 will be provided six (6) visits per year to an in-network chiropractor.
Access to Health Information Online	www.teladoc.com Video chat with a U.S. board certified doctor. Many conditions can be treated with teladoc: sinus problems, bronchitis, allergies, cold and flu symptoms, respiratory infection, ear infection, and more!	www.livehealthonline.com Video chat with a doctor through LiveHealth Online. It's an easy way to see the doctor when you can't make it to the doctor's office. Great for getting help with colds, flu, fevers, rashes, infections and allergies.		www.mystrength.com Resources to improve mental health and overall well-being, including help with depression and anxiety.	www.kidshealth.org - our online program includes health and wellness resources to encourage healthy behaviors among children, young adults and their parents. Content includes assistance for high-risk members with managing conditions such as diabetes, asthma and stress. Videos, written and spoken articles are also provided.
Community Programs	All Health Plans offer sponsorships and/or mini-grants for community organizations and members in need.*				
	Boy Scouts and Girl Scouts membership for one year for eligible members.* (Ted E. Bear, M.D. Club)	Boys & Girls Club membership for eligible members.*			Boys & Girls Club membership for eligible members.*

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*Please contact the Health Plan for eligibility requirements and details for this benefit.

	 AETNA BETTER HEALTH® OF LOUISIANA	 Amerigroup RealSolutions® in healthcare	 AmeriHealth Caritas Louisiana	 Louisiana healthcare connections™	 UnitedHealthcare® Community Plan
Asthma Benefits	Home assessment for members diagnosed with asthma.	Inhaler sensor to help control asthma for members diagnosed with asthma*	Asthma tablet for eligible members to help manage their asthma, includes an emergency medication tracker.		Home assessment for eligible members with moderate to severe asthma (once per year)
Other Benefits	Acupuncture for members 19+ up to \$150 reimbursement	Respite Services for Caregivers – Up to 8 hours each month for caregivers of children up to age 20	GED registration fees voucher – receive a voucher to pay for the cost of taking the GED exam	Members age 21+ receive one hearing exam and one set of hearing aids every two years.	
Rewards:	All of the Health Plans offer rewards for healthy behaviors. Unless otherwise noted rewards are: available once a year per member; in the form of a reward debit card or gift card.				
Child Well Visits (birth – 20)	\$25 for annual well visit with an STI screening (teens 16-20)	\$20 for all well visits from birth to 15 months* \$20 for annual well visits (ages 2 – 9) \$25 for annual well visits (ages 10+) Booster seat for all well visits from birth to 6 years	\$20 for annual well visits (ages 3 – 20)	\$30 for all well visits from 2 to 15 months* \$20 for annual well visits (ages 3 – 20)	Feeding or dental care set for a well visit at 6 months* (Baby Blocks) Bath set or soft puzzle for a well visit at 15 months* (Baby Blocks) \$20 for annual well visits (ages 1 - 17)
Adult Well Visit (21+)	\$25 for annual well visit with an STI screening	\$15 for annual well visits	\$20 for a PCP visit within 90 days of Enrollment, and annually after the first year	\$20 for annual well visits	\$20 for a PCP visit within 90 days of enrollment
Wellness Screenings	\$15 for Breast Cancer Screening, women 21+ \$15 for Cervical Cancer Screening, women 21–64 \$25 for Colon Cancer Screening, members 50+, one time only	\$10 for STI Screening, members 16+	\$15 for Lead screening for children, birth – 2 years* \$10 for Cervical Cancer screening, women 21 - 64	\$10 for Breast Cancer Screening, women 40-74 \$10 for Cervical Cancer Screening, women 21-64 \$15 for STI screening (chlamydia, gonorrhea and HIV test)	Childproofing kit or Goodnight Moon board book for Lead Screening, birth – 15 months* (Baby Blocks)
Diabetic Screening	\$15 for each: dilated eye exam, LDL and A1C blood tests for members diagnosed with diabetes	\$10 for all: dilated eye exam, kidney screening and A1C blood test for all members*	\$10 for all: dilated eye exam, LDL and A1C blood test for all members.*	\$50 for all: dilated eye exam, and blood tests for LDL, A1C and kidney disease for members diagnosed with diabetes*	\$50 health product voucher for LDL and A1C blood tests within 90 days of enrollment for members age 21+*
Other rewards	\$15 for annual asthma assessment \$15 for follow-up after asthma-related Emergency Room visit \$15 for other asthma care tasks* \$15 - \$30 for meeting weight loss goals in Ted E. Bear M.D. Kids Weight Management Program	\$5 for a flu shot	\$10 for a completed Health Assessment, one per household	\$10 for a flu shot \$20 for ADHD new medication follow-up visit, as needed (ages 6-12)	\$10 for a completed Health Assessment within 90 days of enrollment \$50 for a member (under age 21) at the end of the Join for Me program Digital thermometer or Rubber duck bath thermometer at birth of child (Baby Blocks)
Pregnancy Reward Program	Promise Program	Taking Care of Baby and Me®	Bright Start	Start Smart for Your Baby Program	Baby Blocks
Prenatal Exams	\$10 for prenatal visit in the first trimester, or within 6 weeks of joining the plan* \$80 for at least 7 prenatal and a post partum visit or \$125 for at least 8 prenatal and a post partum visit or \$150 in baby products for at least 11 prenatal and a postpartum visit	\$25 for prenatal visit in the first 6 weeks of pregnancy Portable crib or an infant car seat for 7 prenatal visits	\$50 for attending most recommended prenatal visits	\$10 for each prenatal visit, up to \$110 per pregnancy	Nursing cover or teething rattle for a prenatal visit at 24 weeks* (Baby Blocks) First aid kit or tabletop toy for a prenatal visit at 32 weeks* (Baby Blocks)
Postpartum Exam	\$10 for a postpartum visit (3 – 8 weeks after delivery)	\$50 for a postpartum visit	\$25 for a postpartum visit	\$50 for a postpartum visit	\$20 or Fisher Price sorting blocks for a postpartum visit * (Baby Blocks)
Adult Weight Management		Weight Watchers® meetings for eligible members age 18 and older	Every Calorie Counts: Members in the program get two visits with a registered dietician each year		Up to 10 Weight Watchers® meetings for eligible members age 13+ (with a referral from PCP)
Pediatric Weight Management Program	Ted E. Bear, MD Club participants get nutritional sessions, weight checks and can earn rewards. (See other rewards)*	Healthy Families - a program to help families get fit and healthy	Every Calorie Counts: Members in the program get two visits with a registered dietician each year.	Raising Well program guides you in helping your child be healthy by eating right and being active.	Join for me: 16 weeks of fun family activities led by a trained coach. Those who finish the program earn a reward.
Pharmacy Copays	No copays	There are no copays for children, pregnant women, family planning supplies, members in the hospital, Native American or Alaska Native members. For others, if the medicine is: \$10 or less = \$0.50 copay \$10.01 - \$25 = \$1 copay \$25.01 - \$50 = \$2 copay Over \$50 = \$3 copay			
Over the Counter (OTC) Medications	Free with a doctor's prescription. \$50 monthly benefit per household for OTC vitamins and health products.	Available with a prescription, see copays above.	Some available with a prescription, see copays above.*	Available with a prescription. See copays above.	Available with a prescription. See copays above.
Extra Medication Supply for School			Asthma inhaler EpiPen® Diabetes testing meter	Asthma inhaler EpiPen®	Asthma inhaler EpiPen® Diabetes testing meter
Adult Vaccinations	All Health Plans cover adult vaccinations for HPV (human papilloma virus), pneumonia and the flu (influenza).				
			Tdap (Tetanus/Diphtheria/Whooping Cough)	Shingles and Meningitis	Td (Tetanus/Diphtheria) and Tdap (Tetanus/Diphtheria/Whooping Cough)
Texting and Social Media Programs	Text4Baby, Text4Kids, Text4Health, Care4Life (diabetes coaching)	Text4Baby, Text4Kids, Text4Health, My Advocate	Text4Baby, Text4Kids, Text4Health	Text4Babies, Text4Kids, Text4Health	Twitter: @UHCPregnantCare (In Spanish: @UHCEmbarazada), Text4Baby, Text4Kids, Text4Health
Mobile Apps	Free download for members in the Apple App Store and on Google Play.				
	Aetna Better Health	Amerigroup Mobile	AmeriHealth Caritas Mobile App	Start Smart Louisiana LA Health Connect	Health4Me

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